

ACT II STUDIO CALENDAR 2025/2026

**Programs for 50+ and
Community Engagement**

TABLE OF CONTENTS

Welcome to Programs for 50+ ACT II STUDIO	2
What is ACT II Studio?	3
How to Enrol	4
OneCard, Two-Factor Authentication, Refunds, and Drop-dates	5
Courses by Skill Level	7
Important Dates	9
ACT II STUDIO Courses	10
Contact & Infomation	21

Welcome to Programs for 50+ ACT II STUDIO

Welcome to the Programs for 50+ ACT II STUDIO 2025/2026 Course Calendar. Here, you'll find information about programming, including important dates, enrolment procedures, policies, and course offerings.

Healthy aging is relevant to everyone – at every age. At Programs for 50+ and Community Engagement, we are redefining aging through our innovative programs, continuous learning courses, and community events.

Whether you are an older adult learner transitioning in your career, or a senior enjoying retirement and looking to expand your experiences and social connections, we have something for you.

Join us and discover how our courses and programs, many of which are now available online, can help you fulfill your goals.

CONVENIENCE

Our non-credit courses are only once a week, and just 5 to 6 weeks long so they fit easily into busy schedules.

EXPERIENCED FACULTY

Each of our Programs for 50+ courses is created and taught by an expert university instructor who is a specialist in their field.

FLEXIBILITY

We offer both in-person and virtual classes to suit all learners and all learning styles.

ALL-CAMPUS ACCESS

Our Programs for 50+ students have full access to Toronto Metropolitan University's state-of-the-art library and recreation centres.

What is ACT II STUDIO?

The Estelle Craig ACT II STUDIO at Programs for 50+ is a full theatre performance training program. We are an inclusive, creative program that provides adults over 50 the opportunity to develop skills in the dramatic arts and hone them in a nurturing environment. Students from all walks of life and any level of experience can focus on acting, directing, playwriting, or storytelling in many different genres. We are a prominent leader in the area of older adult theatre education and creativity.

ACT II STUDIO students have access to the TMU campus. You can enjoy all of the benefits of the university library and for a small monthly fee, you can use our two recreation centers for fitness classes, weight rooms, a track, a pool, and more!

What is act2studioWORKS?

Enhance your theatre skills training by joining act2studioWORKS, a non-profit, charitable organization that provides adults 50+ with practical opportunities in acting, playwriting, directing, and collective theatre creation. We value the older adult voice and experience and encourage our members to create original works focusing on health, social, and important later-life issues. If you're looking for a chance to express yourself through the magic of theatre, come join our vibrant creative community.

ACT II STUDIO

Theatre Courses

Chang School of Continuing Education
Toronto Metropolitan University

- Acting
- Playwriting
- Directing
- Storytelling

act2studioWORKS

Theatre Journey

Not-for-Profit Charitable Corporation
Elected Board of Directors

- Theatre/Zoom Productions
- Playreading Circle
- Community and Fellowship
- Volunteering

Information Session

Thursday, September 4, 2025

1:00 p.m. to 3:00 p.m.

Victoria Building, Room VIC609,
285 Victoria St.

The closest subway stop is Dundas Station

RSVP here:

<https://forms.gle/NDWB7C5FyvMfH7FfA>

HOW TO ENROL

All current ACT II STUDIO courses in this calendar can be found on the webpage:

[Act II Studio | The Chang School of Continuing Education - Toronto Metropolitan University](#)

01

ONLINE ENROLMENT

Find the course you are interested in and click on the link. The webpage will include the instructor's name, course dates, descriptions, and cost.

Click on "Add to Cart".

At check-out you will be prompted to use your TMU username, or to create an account.

The link below will offer step-by-step instructions about your options:

[How to Enrol in a Course | The Chang School of Continuing Education - Toronto Metropolitan University](#)

02

IN-PERSON ENROLMENT

Consult the ServiceHub's Contact Info webpage at [ServiceHub - Toronto Metropolitan University \(TMU\)](#) for the hours of operation.

Go to the ServiceHub (located at Podium Building, 1st floor, 350 Victoria Street)

Upon arrival, get a ticket and wait for your number to be called.

Consult with a representative: When your number is called, a ServiceHub representative will be available to assist you with your enrollment questions.

Important Notes:

- You need a OneCard to access the building. If you don't have one, use the intercom at the entrance for access.

03

ENROLMENT FORM

ACT II STUDIO students may enrol in a course by filling out a manual enrolment form and emailing it to Client Services at ce@torontomu.ca

You can request a manual enrolment form by emailing programsfor50plus@torontomu.ca

Ensure you DO NOT include credit card information on this form.

The Service Hub will manually enrol the student and charge their student account with the course fee. The Service Hub will also provide instructions for the student to pay using online banking to select "Toronto Metropolitan University" as payee. Their student number is used as the account number.

OneCard and Two-Factor Authentication

Your OneCard is one of the most important tools you'll need while studying at TMU. Not only does it serve as your official university identification, your OneCard also grants you access to buildings, campus services and discounts. Your OneCard can also be used as a payment card to purchase products and services at participating campus retailers.

TMU OneCard

Contact Information

Phone: 416-979-5000, ext. 557565

Email: onecard@torontomu.ca

What You Need to Bring

To be eligible, you must be enrolled in a current course and present valid government-issued photo ID.

Office Information

Operation Hours:

Mon–Thurs: 9 a.m. – 4 p.m. and Friday: 9 a.m. – 3 p.m.

Location: POD-48 (Lower Ground Level Podium Building)

Directions to OneCard Office

To get to the OneCard Office (and the Service Hub) from Yonge/Dundas intersection:

- Proceed north on Yonge St.
- Turn right onto Gould St.
- Turn left onto Nelson Mandela Walkway.
- Proceed to the first entrance to the Library building on the left. Don't have a OneCard yet? Use the buzzer at the building entrance to buzz and inform security that you are here to get your OneCard.
- Once in the building, stay on the ground floor for the OneCard office (proceed to the 2nd floor for the ServiceHub).
- Proceed to the right and continue down the hallway (almost the entire length of the building) until you reach POD-48 on the left side, where the OneCard Office is located.

As a Program for 50+ Student you can get a free Student OneCard – Toronto Metropolitan University's official photo ID card. To be eligible for a OneCard, you must be enrolled in a course in the current academic term.

Two-Factor Authentication

If you are prompted for two-factor authentication as part of the enrollment process, you will need to download the free Google Authenticator App onto your mobile phone.

Follow this link for more information:

<https://www.torontomu.ca/ccs/services/ITSecurity/protecting-your-identity/two-factor-authentication/setting-up-two-factor-authentication/>

Refunds and Dropped Courses

Refunds

To officially drop a course, follow the guidelines outlined on the [MyServiceHub Support Student Tutorials](https://www.torontomu.ca/myservicehub-support/students/academics/continuing-education/drop-class/) page. <https://www.torontomu.ca/myservicehub-support/students/academics/continuing-education/drop-class/>

100% refund: Five business days before the course start date. Following the business day deadline you are then entitled to a 50% refund.

50% refund: Courses of 39 hours or more in duration 21 calendar days after the course start date

How to Drop a Course

If you wish to drop a course but not sure how, please review the link:

<https://www.torontomu.ca/myservicehub-support/students/academics/continuing-education/drop-class/>

Courses by Skill Level

ACTING PATHWAYS

Beginner

Fall 2025 Term

- Introduction to Acting I - CSAC101
- Introduction to Acting II - CSAC102
- More Monologues - CSAC107
- Uta Hagen: Methodology and Practice Workshop - CSAC346

Winter 2026 Term

- Introduction to Scene Study - CSAC114
- Introduction to Acting I - CSAC101
- Monologues Basics - CSAC106
- Shakespeare: Yes You Can! - CSAC105

Spring 2026 Term

- Introduction to Acting II - CSAC102
- Intro to Scene Study - CSAC114
- Monologues Basics - CSAC106
- Scene Development - CSAC136
- Acting for all Screens - CSAC167
- Auditioning on Camera - CSAC165

Intermediate

Fall 2025 Term

- More Monologues - CSAC107
- Scenes from Canadian Plays - CSAC215
- Readers' Theatre Techniques - CSAC313
- Uta Hagen: Methodology and Practice Workshop - CSAC346

Winter 2026 Term

- Monologues Basics - CSAC106
- Shakespeare: Yes You Can! - CSAC105
- Heightened Monologues - CSAC208
- Acting Without Text - CSAC240
- Uta Hagen: Methodology and Practice Workshop II - CSAC347

Spring 2026 Term

- Musical Theatre - CSAC148
- Scene Development - CSAC136
- Acting for all Screens - CSAC167
- Auditioning on Camera - CSAC165
- Intro to Voice Over Perf - CSAC222
- Auditioning and Industry - CSAC267
- Stand Up Comedy I - CSAC434
- Stand Up Comedy II - CSAC435

Advanced

Fall 2025 Term

- Viewpoints and More - CSAC137
- Advanced Scene Study - CSAC417
- Next Generation Showcase - CSAC660

Winter 2026 Term

- Next Generation Showcase - Changing Faces - Self Tapes - CSAC661
- Advanced Monologues - CSAC308
- Uta Hagen: Methodology and Practice Workshop III - CSAC348
- Actions for Actors - CSAC341
- Advanced Scene Study - CSAC417

Spring 2026 Term

- Musical Theatre - CSAC148
- Advanced Scene Study315
- Stand up I - CSAC434
- Stand up II - CSAC435
- Intro to Voice Over Perf - CSAC222
- Auditioning and Industry - CSAC267
- Advanced Scene Study - CSAC417
- Advanced Scene Study Quartets - CSAC415

Courses by Skill Level

PLAYWRITING PATHWAYS

Beginner

Fall 2025 Term

- Playwriting I - CSAC156
- Playwriting Lab I - CSAC352
- Playwriting Lab II - CSAC353

Intermediate

Fall 2025 Term

- Playwriting Lab III - CSAC354
- Playwriting Lab IV - CSAC355

Winter 2026 Term

- Playwriting II - CSAC257

Advanced

Fall 2025 Term

- Playwriting Lab V - CSAC356

Winter 2026 Term

- Playwriting Lab VI - CSAC357
 - Playwriting Lab VII - CSAC358
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DIRECTING PATHWAYS

Beginner

Fall 2025 Term

- Independent Theatre Production - The 7 Steps CSAC 174

Spring 2026 Term

- Intro to Directing - CSAC 127

Advanced

Fall 2025 Term

- The Directing Project - CSAC TBD
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OPEN TO ALL LEVELS

- | | |
|--|---|
| • Voice Work Basics - CSAC111 | • Character Mask I: Whole Mask - CSAC293 |
| • Voice Work II - CSAC112 | • Mask and Character II: Half Masks - CSAC393 |
| • Dancing for the Stage - CSAC138 | • Mask and Character III: Performance - CSAC493 |
| • Viewpoints and More - CSAC137 | • Stratford Festival Preview - CSAC502 |
| • Independent Theatre Production - CSAC174 | |
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DISCLAIMER

Every effort is made to adhere to the details outlined in this publication, although courses, fees, days, hours of instruction, or instructors are subject to change without prior notice. If it is necessary to change or cancel a course, every effort is made to contact enrolled students.

IMPORTANT DATES

MATINEES

Matinees will be held in:

Room POD 250, Podium Building

350 Victoria St
Toronto ON M5B 2K3

- Wednesday October 29
- Wednesday December 10
- Wednesday February 18
- Wednesday April 1
- Wednesday May 20

January 2026 Singing Matinee (*Details TBD*)

PRODUCTIONS

Fall Production

Palmerston Theatre
November 13-16, 2025

Winter Production

Alumnae Theatre Mainstage
March 9-16, 2026

Readers' Theatre

Palmerston Theatre
December 15-17, 2025

Spring Production

TMU Studio Theatre
June 4-7, 2026

Fall 2025 Term: Courses that begin between July 2, 2025, and November 1, 2025

Winter 2026 Term: Courses that begin between November 2, 2025, and February 1, 2026

Spring/Summer 2026: Courses that begin between February 2, 2026 and July 1, 2026

Statutory Holidays/University Closed

ACT II STUDIO classes will run during TMU's Fall and Winter Study Weeks. Consult individual course listings for more information.

Fall 2025

- Canada Day: July 1, 2025
- TMU Day: August 1, 2025
- Civic Holiday: August 4, 2025
- Labour Day: September 1, 2025
- Study Week: October 11-17, 2025
- Thanksgiving Day: October 13, 2025

Spring / Summer 2026

- Good Friday: April 3, 2026
- Victoria Day: May 18, 2026
- Canada Day: July 1, 2026
- TMU Day: July 31, 2026
- Civic Holiday: August 3, 2026

Winter 2025

- Mid-year closure: December 20, 2025–January 2, 2026
- Study Week: February 14–20, 2026
- Family Day: February 16, 2026

Toronto Metropolitan is a community which celebrates diversity and places a high value on inclusion and respect for differences. TMU recognizes that the religious, Indigenous or spiritual observances of students may conflict with courses and could potentially lead to a disadvantage if an accommodation is not arranged.

Please refer to this link for TMU procedures:
<https://www.torontomu.ca/senate/policies/accommodation-of-student-religious-aboriginal-and-spiritual-observance-policy-150/>

ACT II STUDIO COURSES

ACTING

CSAC 101 Intro to Acting I

Discover the joy of acting in a playful, relaxed, and supportive environment. You'll stimulate your imagination, awaken your senses, develop your listening skills, and learn about stagecraft. This course is also for anyone needing a refresher and who wishes to come back to the basics to rethink technique and ingrained stage habits.

Instructor: Clara McBride

Cost: \$264.84 | In Person Class

Fall 2025

Tuesdays VIC502	First Class: September 16
10 a.m. to 1 p.m.	Last Class: October 14

Winter 2026

Tuesdays VIC609	First Class: January 20
10 a.m. to 1 p.m.	Last Class: February 17

[Link to Register:](#)

[CSAC 101 Introduction to Acting I](#)

CSAC 102 Intro to Acting II

This course continues the work of Intro to Acting I. You will explore the actor's basic tools for bringing text and characters to life, and continue to deepen your understanding of movement, breath, and voice.

Instructor: Clara McBride

Cost: \$264.84 | In Person Class

Fall 2025

Tuesdays VIC502	First Class: October 21
10 a.m. to 1 p.m.	Last Class: November 18

Winter 2026

Tuesdays VIC609	First Class: February 24
10 a.m. to 1 p.m.	Last Class: March 24

[Link to Register:](#)

[CSAC 102 Introduction to Acting II](#)

CSAC 105 Shakespeare: Yes You Can!

Hate Shakespeare? Love Shakespeare? Get to know the Bard better! Embark on a journey through the textual codes that guide the actor. A fascinating course for actors and non-actors alike, guaranteed to change forever how you approach the printed word. Texts provided.

Instructor: Vrenia Ivonoffski

Cost: \$319.80 | In Person Class

Winter 2026

Wednesdays VIC502	First Class: January 21
9:30 a.m. to 12:30 p.m.	Last Class: February 18

[Link to Register:](#)

[CSAC 105 Shakespeare: Yes You Can!](#)

CSAC 106 Monologue: The Basics

Learn the building blocks for a solid emotionally connected monologue. Class limit: 8 students.

Prerequisite: CSAC 102 and CSAC 114

Instructor: Jimi Shlag

Cost: \$225.20 | In Person Class

Winter 2026

Tuesdays VIC502	First Class: January 13
10 a.m. to 1 p.m.	Last Class: February 3

Spring / Summer 2026

Thursdays VIC502	First Class: April 30
10 a.m. to 1 p.m.	Last Class: May 21

[Link to Register:](#)

[CSAC 106 Monologues: The Basics](#)

CSAC 107 More Monologues

Continue to develop your connection to character and emotion in this contemporary monologue course. We will dig into high-stakes monologues, and you will learn the tools to analyze, rehearse, and deliver with action and truth. Class limit 8 students.

Instructor: Jimi Shlag

Cost: \$319.80 | In Person Class

CSAC 107 More Monologues (cont'd)

Fall 2025

Tuesdays | VIC502 First Class: September 16
1:30 p.m. to 4:30 p.m. Last Class: October 14

[Link to Register:](#)
[CSAC 107 More Monologues](#)

CSAC 111 Voice Work Basics

Discover how your voice works and develop a clearer and more open, expressive voice. Class limit: 14 students.

Instructor: Kate Lushington
Cost: \$158.97 | In Person Class

Fall 2025

Mondays | VIC502 First Class: September 15
1:30 p.m. to 3:30 p.m. Last Class: October 6

[Link to Register:](#)
[CSAC 111 Voice Work Basics](#)

CSAC 112 Voice Work II

We will build on the techniques learned in Voice Work Basics. Class limit: 12 students.

Prerequisite: CSAC 111 Voice Work Basics

Instructor: Kate Lushington
Cost: \$158.97 | In Person Class

Fall 2025

Mondays | VIC502 First Class: November 3
1:30 p.m. to 3:30 p.m. Last Class: November 24

[Link to Register:](#)
[CSAC112 Voice Work II](#)

CSAC 114 Intro to Scene Study

Breathe life into text! Using David Mamet's 'Duck Variations' we'll analyze the text and explore motivation, character, structure, rhythm, and how to make interesting choices.

Instructor: Vrenia Ivonoffski
Cost: \$225.20 | In Person Class

Winter 2026

Tuesdays | VIC502 First Class: November 25
10 a.m. to 1 p.m. Last Class: December 16

CSAC 114 Intro to Scene Study (cont'd)

Spring / Summer 2026

Tuesdays | VIC609 First Class: April 7
10 a.m. to 1 p.m. Last Class: April 28

[Link to Register:](#)
[CSAC 114 Intro to Scene Study](#)

CSAC 136 Scene Development

An intermediate level course in scene study. You will learn to build and sustain character within a scene and deepen your ability to listen to and react with scene partners. You will also learn memorization tools and hone your ability to live truthfully in imaginary circumstances.

Instructor: Clara McBride
Cost: \$225.20 | In Person Class

Spring / Summer 2026

Tuesdays | VIC502 First Class: April 28
10 a.m. to 1 p.m. Last Class: May 19

[Link to Register:](#)
[CSAC 136 Scene Development](#)

CSAC 137 Viewpoints and More

An examination on impulse, spacial awareness and the mind-body connection - this course will explore 'Viewpoints', a creative exercise designed to develop a performer's sense of space, relationship to others and listening to impulses. Ultimately, Viewpoints becomes an approachable and exciting examination of how images tell stories. Perfect for actors of all levels and those looking to develop their directorial eye. Students should come in comfortable footwear and clothing they feel free to move around in. **This course will be held in a dance studio on campus.**

Instructor: Jack Rennie
Cost: \$295.55 | In Person Class

Fall 2025

TBD | Studio 2, RAC First Class: October 2
9 a.m. to 12 p.m. Last Class: October 30

[Link to Register:](#)
[CSAC 137 Viewpoints and More](#)

CSAC 138 Dancing for the Stage

If you are new to dancing, or know your way around a dance floor, this class will bring joy to your mind and body. You will work on focused physical strengthening and create a contemporary choreography for a public performance. Build your confidence, listening skills and coordination through dance!

Instructor: Stiva

Cost: \$253.03 | In Person Class

Fall 2025

Wednesdays | **VIC502** First Class: October 1
1:30 p.m. to 3 p.m. Last Class: November 19

[Link to Register:](#)

[CSAC 138 Dancing for the Stage](#)

CSAC 148 Musical Theatre

This class is for those who would like to combine their acting chops with some singing. Participants will divide into small ensembles, (duets, trios, etc.) and work on a number from a Broadway show. You will work the music with Rigzin while building the scene to present to an audience. A questionnaire will be sent out in advance to choose the music so that we can hit the ground running on day one!

Instructor: Rigzin Tute

Cost: \$295.55 | In Person Class

Spring / Summer 2026

Wednesdays | **VIC609** First Class: April 15
10 a.m. to 1 p.m. Last Class: May 13

[Link to Register:](#)

[CSAC 148 Musical Theatre](#)

CSAC 165 Auditioning on Camera

Discover how to handle on-camera auditions, analyze "sides" quickly, and do cold readings which work for you.

Instructor: Anna MacKay-Smith

Cost: \$295.55 | In Person Class

Spring / Summer 2026

Mondays | **VIC502** First Class: April 13
10 a.m. to 1 p.m. Last Class: May 11

[Link to Register:](#)

[CSAC 165 Auditioning on Camera](#)

CSAC 167 Acting for All Screens

This course introduces students to the fundamentals of acting for the camera, emphasizing techniques unique to film and television performance. Through scene work, on-camera exercises, and playback analysis, students will develop an understanding of framing, continuity, emotional truth, and subtlety in performance. Emphasis is placed on adapting stage skills for the screen. Ideal for actors seeking to build confidence and professionalism in front of the camera. All levels welcome.

Instructor: Anna MacKay-Smith

Cost: \$295.55 | In Person Class

Spring / Summer 2026

Mondays | **VIC502** First Class: March 2
10 a.m. to 1 p.m. Last Class: March 30

[Link to Register:](#)

[CSAC 167 Acting for All Screens](#)

CSAC 208 Heightened Monologues

Discover how to find ease and emotional connection speaking text not written in our common everyday language. In this course, we will dig into high-stakes monologues that abandon everyday text in favour of heightened or stylized language. We'll explore how this language acts as a springboard for the actor, allowing them to truthfully embody the extreme emotional circumstances of the character.

Instructor: Nicole Wilson

Cost: \$253.03 | In Person Class

Winter 2026

Mondays | **VIC502** First Class: November 10
10 a.m. to 12 p.m. Last Class: December 15

[Link to Register:](#)

[CSAC 208 Heightened Monologues](#)

CSAC 215 Scenes From Canadian and Other Plays

An intermediate level course in scene study. Develop a process that works for you through in-depth studies with a partner. Rehearsal with your scene partner between classes is expected. Class work will be presented at a matinee. Class limit: 12 students.

CSAC 215 Scenes From Canadian and Other Plays (cont'd)

Instructor: Nicole Wilson

Cost: \$380.20 | In Person Class

Fall 2025

Mondays | **VIC502** First Class: September 22
10 a.m. to 1 p.m. Last Class: November 3

[Link to Register:](#)

[CSAC 215 Scenes From Canadian and Other Plays](#)

CSAC 222 Introduction to Voice Over Performance

This course is designed to give participants a basic understanding of voiceover. From animation to audiobooks, and everything in between, we will explore how our voice can set us apart, how we can best care for our instrument, and the many ways we can use our unique sound for work.

Instructor: Hayden Finkelshtain

Cost: \$235.82 | In Person Class

Spring / Summer 2026

Wednesdays | **VIC502** First Class: March 4
1:30 p.m. to 3:30 p.m. Last Class: April 1

[Link to Register:](#)

[CSAC 222 Introduction to Voice Over Performance](#)

CSAC 240 Acting Without Text

This course will attune actors to the truth that lies within their bodies and underneath the cover of words. It will awaken the notion that we are full of humanity and that humanity is expressed most often truthfully through the body and not words. Words can often obfuscate, not reveal. They can mask us rather than connect us. Through games, exercises and scenarios we will foster awareness, curiosity and play in our bodies and act!

Instructor: Lindsay Leese

Cost: \$253.03 | In Person Class

Winter 2026

Fridays | **VIC502** First Class: January 16
1:30 p.m. to 4:30 p.m. Last Class: February 6

[Link to Register:](#)

[CSAC 240 Acting Without Text](#)

CSAC 267 Auditioning and Industry

A course for anyone wanting to act outside of school. Through a mix of short lectures and lots of hands-on, practical, performance work, participants will learn about the entertainment industry (film, voice, and theatre), and begin to think about how they can best position themselves for success within it. Participants can expect to come away with a basic understanding of actor representation, unions, and industry standards for auditions, while also having worked and performed several mock auditions for their peers. This course is going to prioritize confidence building.

Instructor: Hayden Finkelshtain

Cost: \$319.80 | In Person Class

Spring / Summer 2026

Wednesdays | **VIC502** First Class: April 8
1:30 p.m. to 3:30 p.m. Last Class: May 6

[Link to Register:](#)

[CSAC 267 Auditioning and Industry](#)

CSAC 293 Mask and Character I: Whole Masks

The non-speaking whole mask is a powerful tool for expressing both the comic and dramatic in the human condition. This is a mask where the character's face has been etched and shaped by its outlook and history. In this course, you'll encounter a variety of whole masks and learn the basic techniques to bring these characters to life. Class limit: 12 students.

Instructor: Gibum Dante

Cost: \$102.64 | In Person Class

Fall 2025

Thursdays | **VIC609** First Class: October 16
1:30 p.m. to 4:30 p.m. Last Class: October 23

[Link to Register:](#)

[CSAC 293 Mask and Character I: Whole Masks](#)

CSAC 308 Advanced Monologues (cont'd)

Discover how to find ease and emotional text while working on big monologues. In this course we assume you have done some work on monolo-

CSAC 308 Advanced Monologues (cont'd)

-gues in the past and we discover new and exciting ways to open up the text. We will look at how to make bold but truthful choices that are informed by the whole play. We will work to find your connection to the character to allow for more personal vulnerability in your acting.

Instructor: Jimi Shlag

Cost: \$253.03 | In Person Class

Winter 2026

Wednesdays | **VIC502** First Class: January 14
1:30 p.m. to 4:30 p.m. Last Class: February 4

[Link to Register:](#)

[CSAC 308 Advanced Monologues](#)

CSAC 313 Readers' Theatre Techniques

Develop special skills needed for staged readings: act while holding the script, create a defined character, make strong choices, and work off other actors.

Note: This course is a prerequisite for those wishing to act in Readers' Theatre performances. There will be a lunch break from 12:00 p.m. to 1:00 p.m.

Instructor: Vrenia Ivonoffski

Cost: \$97.64 | In Person Class

Fall 2025

Wednesday | **VIC610A** Class: September 24
10 a.m. to 3 p.m.

[Link to Register:](#)

[CSAC 313 Readers' Theatre Techniques](#)

CSAC 315 Advanced Scene Study

This scene study will offer the actor participants an opportunity to engage in small group scenes with an eye to applying the techniques previously explored in the Uta Hagen Workshops I and II. Participation in one or both of those workshops would be beneficial but is not required. Basic script analysis and rehearsal techniques will also be a fundamental part of the work. Scenes will be chosen from contemporary plays TBA.

Instructor: Diana Reis

Cost: \$380.20 | In Person Class

CSAC 315 Advanced Scene Study (cont'd)

Spring / Summer 2026

Thursdays | **VIC502**
10 a.m. to 1 p.m. (Feb 26)
1:30 p.m. to 4:30 p.m.

First Class: February 26
Last Class: April 2

[Link to Register:](#)

[CSAC 315 Advanced Scene Study](#)

CSAC 341 Actions for Actors

Actions are the very core of acting technique. You'll learn to identify and choose strong playable actions. By embodying them, you will develop your instinct to be active and specific rather than cerebral and general. Class limit: 14 students.

Instructor: Diana Reis

Cost: \$211.37 | In Person Class

Winter 2026

Thursdays | **VIC502** First Class: January 22
10 a.m. to 1 p.m. Last Class: February 12

[Link to Register:](#)

[CSAC 341 Actions for Actors](#)

CSAC 346 Uta Hagen: Methodology and Practice Workshop I

This Section I course offers students the opportunity to explore and practice specific acting exercises designed by legendary actor and acting teacher Uta Hagen. It is founded in the understanding that "Acting is Doing". The purpose of these exercises is to deconstruct the acting process allowing the performer to focus on individual aspects of the actor's craft.

Instructor: Diana Reis

Cost: \$380.20 | In Person Class

Fall 2025

Thursdays | **VIC502** First Class: September 25
1:30 p.m. to 4:30 p.m. Last Class: November 6
*No Class: October 2

[Link to Register:](#)

[CSAC 346 Uta Hagen: Methodology and Practice Workshop I](#)

CSAC 347 Uta Hagen: Methodology and Practice Workshop II

This Section II course continues to offer the opportunity to explore and practice specific acting exercises designed by legendary actor and acting teacher Uta Hagen. It is founded in the understanding that “Acting is Doing”. The purpose of these exercises is to deconstruct the acting process allowing the actor to focus on individual aspects of the actor’s craft. While the course builds on the work begun in CSAC 346, there are no prerequisites.

Instructor: Diana Reis

Cost: \$380.20 | In Person Class

Winter 2026

Thursdays VIC502	First Class: November 13
1:30 p.m. to 4:30 p.m.	Last Class: December 18

[Link to Register:](#)

[CSAC 347 Uta Hagen: Methodology and Practice Workshop II](#)

CSAC 348 Uta Hagen: Methodology and Practice Workshop III

Building on the work begun in CSAC 346 and 347, Section III of the Hagen series continues to explore and practice specific acting exercises designed by legendary actor and acting teacher Uta Hagen. It is based on the understanding that Acting is Doing and that our work as actors in a play is Intention Based within the Given Circumstances. This course coalesces the previously explored individual exercises into an over-all understanding of how an actor finds an active, truthful, and theatrically interesting connection to the play. It will include partnering and text analysis. There will be a public sharing of the work at the end of the class to present the work in progress.

Instructor: Diana Reis

Cost: \$380.20 | In Person Class

Winter 2026

Thursdays VIC502	First Class: January 22
1:30 p.m. to 4:30 p.m.	Last Class: February 26

[Link to Register:](#)

[CSAC 348 Uta Hagen: Methodology and Practice Workshop III](#)

CSAC 393 Mask and Character II : Half Masks

The half mask uses your lower face to complete it... And it has a voice and things it wants to say. We'll build on the techniques from the previous course and develop scenarios to engage your characters in action. Class limit: 12 students.

Instructor: Gibum Dante

Cost: \$102.64 | In Person Class

Fall 2025

Thursdays VIC609	First Class: October 30
1:30 p.m. to 4:30 p.m.	Last Class: November 6

[Link to Register:](#)

[CSAC 393 Mask and Character II : Half Masks](#)

CSAC 415 Advance Scene Study: Quartets+

You will be cast in group scenes in order to explore how the dynamics of communicating character, objective, and action are intensified when faced with more than one or two acting partners. There will be a performance at a Matinee.

Instructor: Jimi Shlag

Cost: \$414.65 | In Person Class

Spring / Summer 2026

Tuesdays VIC502	First Class: February 24
10 a.m. to 1 p.m.	Last Class: April 7

[Link to Register:](#)

[CSAC 415 Advanced Scene Study : Quartets+](#)

CSAC 417 Advanced Scene Study: Contemporary Plays

Using contemporary texts, this course will foster risk-taking and playfulness and embrace the unknown, the uncomfortable and the unpredictable that lies between two people forced to engage with each other, and in that uncertainty, we will learn to STAY and from that place ACT.

Instructor: Jimi Shlag

Cost: \$295.55 | In Person Class

CSAC 417 Advanced Scene Study: Contemporary Plays (cont'd)

Fall 2025

Wednesdays | **VIC502** First Class: September 17
10 a.m. to 1 p.m. Last Class: October 15

Winter 2026

Wednesdays | **VIC502** First Class: November 12
10 a.m. to 1 p.m. Last Class: December 10

Spring / Summer 2026

April 2026 Cohort

Wednesdays | **VIC502** First Class: April 1
10 a.m. to 1 p.m. Last Class: April 29

May 2026 Cohort

Tuesdays | **VIC502** First Class: May 12
1:30 p.m. to 4:30 p.m. Last Class: June 9

[Link to Register:](#)
[CSAC 417 Advance Scene Study:
Contemporary Plays](#)

CSAC 434 Introduction to Stand Up Comedy

This course focuses on teaching the ingredients professional comedians use to make an audience roar with laughter. It's designed to give folks the knowledge and confidence to write, develop, and perform on stage, or even multiply the laughs they get from storytelling at a party. Via comedy writing exercises, tips and advice, the participants will learn how to properly organize their ideas and turn them into premises, to turn their premises into jokes and jokes into a five-minute hilarious routine.

Instructor: Martha Chaves

Cost: \$319.80 | In Person Class

Spring / Summer 2026

Tuesdays | **VIC502** First Class: February 3
1:30 p.m. to 4:30 p.m. Last Class: March 3

[Link to Register:](#)
[CSAC 434 Introduction to Stand Up Comedy](#)

CSAC 435 Stand Up II

This course follows CSAC 434 on teaching the fundamentals of Stand Up Comedy. Through comedy writing exercises, tips and advice, students will deepen their knowledge and confidence to write, develop, and perform their own routines onstage. The class will end with a public performance.

Instructor: Martha Chaves

Cost: \$319.80 | In Person Class

Spring / Summer 2026

Tuesdays | **VIC502** First Class: March 17
1:30 p.m. to 4:30 p.m. Last Class: April 14

[Link to Register:](#)
[CSAC 435 Stand Up II](#)

CSAC 493 Mask and Character III: Performance

We'll create stories and images for the stage. You'll discover the important tools of stillness, silence, focus, and gesture, and develop your creative powers using observation. Pieces will be performed at a public showcase.

Instructor: Gibum Dante

Cost: \$253.03 | In Person Class

Winter 2026

Thursdays | **VIC609** First Class: November 13
1:30 p.m. to 4:30 p.m. Last Class: December 4

[Link to Register:](#)
[CSAC 493 Mask and Character III :
Performance](#)

CSAC 520 Ionesco

This course will explore Eugene Ionesco's Avant-Garde Theatre of the Absurd and approach to deconstructionist theatre.

Instructor: TBD

Cost: \$295.55 | In Person Class

Spring / Summer 2026

TBD | **VIC502** First Class: TBD
1:30 p.m. to 4:30 p.m. Last Class: TBD

[Link to Register: Coming Soon!](#)

CSAC 660 Next Generation Showcase: Changing Faces

The Next Generation Showcase is a well-known program dedicated to showcasing and supporting acting talent in their journey toward success in the Film and Theatre industry. The Showcase provides a platform for professional members of the industry to be introduced to new talent. This course will prepare students for the Showcase with their newest category: Changing Faces. Students are required to come to class prepared with two different pieces already memorized. Upon registration, they will be given resources to help find and choose what monologue interests them most.

Instructor: Lara Arabian

Cost: \$253.03 | In Person Class

Fall 2025

Tuesdays | **VIC502** First Class: October 21
1:30 p.m. to 4:30 p.m. Last Class: November 11

[Link to Register:](#)

[CSAC 660 Next Generation Showcase: Changing Faces](#)

CSAC 661 Next Generation Showcase: Changing Faces – Self Tapes

In this second section, students will complete the work developed in CSAC 660 by creating the self-tapes that will be submitted to the Next Gen Changing faces category. They will be supported through the process to ensure the highest quality recorded performances that will be accessible to agents, artistic directors, casting directors, producers, and other industry representatives. Students will also be invited to the dynamic weekend experience filled with panels, workshops, and networking opportunities in January.

Instructor: Lara Arabian

Cost: \$196.79 | In Person Class

Spring / Summer 2026

Tuesdays | **VIC502** First Class: November 18
1:30 p.m. to 4:30 p.m. Last Class: December 2

[Link to Register:](#)

[CSAC 661 Next Generation Showcase: Changing Faces – Self Tapes](#)

CSMU 114 Vocal Technique I

Students will develop their posture, breath support, resonance, and other techniques to enhance their singing voice. While practicing in a group, the instructor will give individual attention to each student's specific needs. Objectives are to learn a song, have it coached with the instructor for style and presentation, and sing for the class.

Instructor: Rigzin Tute

Cost: \$204.89 | In Person Class

Winter 2026

Wednesdays | **VIC609** First Class: January 21
11 a.m. to 1 p.m. Last Class: April 15

[Link to Register:](#)

[CSMU 114 Vocal Technique I](#)

CSMU 116 Vocal Technique II

Continuing the work from Vocal Technique I, students will continue to develop their posture, breath support, resonance, and other techniques to enhance their singing voice. You will approach the songs with a more in depth and practiced technique while still being coached by the instructor.

Prerequisite: CSMU 114 Vocal Technique I

Instructor: Rigzin Tute

Cost: \$204.89 | In Person Class

Fall 2025

Wednesdays | **VIC609** First Class: September 17
11 a.m. to 1 p.m. Last Class: December 3

[Link to Register:](#)

[CSMU 116 Vocal Technique II](#)

FINAL PRODUCTION

CSAC Show Course I

This is the first of two courses leading to the public performances of a stage play in the TMU Studio Theatre. We will explore in-depth text analysis and play study, with on-your-feet physical work.

Instructor: TBD

Cost: TBD | In Person Class

Spring / Summer 2026 | VIC502

Monday 1:30 p.m. to 4:30 p.m. First Class: March 23
& Friday 10 a.m. to 1 p.m. Last Class: April 20

*no class April 6

[Link to Register: Coming Soon!](#)

CSAC Show Course II

In this second course, students will experience the stages of presenting a show from rehearsals, to move-in, technical and dress rehearsals, and opening night and closing. Continued in-depth study and rehearsal while working towards a unified play full production values.

Instructor: TBD

Cost: TBD | In Person Class

Spring / Summer 2026 | VIC502

Monday 1:30 p.m. to 4:30 p.m. First Class: May 4
& Friday 10 a.m. to 1 p.m. Last Class: May 29

[Link to Register: Coming Soon!](#)

DIRECTING

CSAC 127 Directing: An Introduction

Everything about directing from concepts to opening night. Also a valuable course for actors who want to know about the view from the other side.

Instructor: Vrenia Ivonoffski

Cost: \$313.97 | In Person Class

Spring / Summer 2026

Wednesdays | VIC609 First Class: March 4
10 a.m. to 12:30 p.m. (Mar 4-25) Last Class: April 8
10 a.m. to 1 p.m. (April 1 - 8)

[Link to Register:](#)
[CSAC 127 Directing: An Introduction](#)

CSAC The Directing Project

In this course you will focus on the practicalities of the end-to-end directing process. You will explore directorial vision, planning, and scheduling a realistic and clear rehearsal plan. Other course objectives include leading a space and working with actors, holding auditions, and designing lighting, and sound. This course will culminate in the directors showcase in March 2026. This will be a fully staged production of the short plays on which you have been working.

Instructor: TBD

Cost: \$253.03 | In Person Class

CSAC The Directing Project (cont'd)

Fall 2025

Thursdays | VIC502 First Class: TBD
10 a.m. to 1 p.m. Last Class: TBD

[Link to Register: Coming Soon!](#)

PLAYWRITING

CSAC 156 Playwriting I

You will be guided, in a supportive environment, to apply the fundamentals of playwriting to writing a 10-minute play - a great template for longer work. Through discussion and writing exercises we will get the creative juices flowing. We'll cover story lines, character development, dialogue, and scene shaping. This course is suitable for playwrights at all levels. Class limit: 12 students.

Instructor: Beverley Cooper

Cost: \$295.55 | In Person Class

Fall 2025

Wednesdays | VIC610A First Class: October 22
October 22 - November 19: Last Class: December 3
10 a.m. to 12 p.m.

November 26 - December 3:
10 a.m. to 12:30 p.m.

[Link to Register:](#)
[CSAC 156 Playwriting I](#)

CSAC 257 Playwriting II

More in-depth work on the playwright's craft: character, monologues, dialogue, and shaping your play. Class limit: 12 students.

Instructor: Beverley Cooper

Cost: \$268.76 | In Person Class

Winter 2026

Wednesdays | VIC610A First Class: January 14
10 a.m. to 12:30 p.m. Last Class: February 18

[Link to Register:](#)
[CSAC 257 Playwriting II](#)

PLAYWRITING LAB SERIES

CSAC 352 Playwriting Lab I: Creating Conflict

Plays do many things - they entertain, they illuminate, they can teach, preach, dazzle, and perplex. But the soul of any play, from the most naturalistic to the most absurd, lies in conflict. There is no such thing as a "Theatre of Agreement". Using group and individual writing exercises, lecture, and discussion, this workshop will help writers bring vitality to their work by inserting meaningful, substantial conflict into their plays without relying on clichés.

Instructor: Alexander Offord

Cost: \$49.67 | Online Class

Fall 2025

Friday One Day Class: October 3
10 a.m. to 12 p.m.

[Link to Register:](#)

[CSAC 352 Playwriting Lab I : Creating Conflict](#)

CSAC 353 Playwriting Lab II : Text / Subtext

We'll experiment with one of the playwright's most useful tools - subtext - to unlock its dramatic power.

Instructor: Alexander Offord

Cost: \$49.67 | Online Class

Fall 2025

Friday One Day Class: October 10
10 a.m. to 12 p.m.

[Link to Register:](#)

[CSAC 353 Playwriting Lab II : Text/Subtext](#)

CSAC 354 Playwriting Lab III : Spontaneous Writing

The impact of surprise and spontaneity lends immediacy to a play. We'll do exercises drawn from the unconscious part of our brain to let the writing flow and go where the action and characters are leading us.

Instructor: Alexander Offord

Cost: \$49.67 | Online Class

CSAC 354 Playwriting Lab III : Spontaneous Writing (cont'd)

Fall 2025

Friday One Day Class: October 17
10 a.m. to 12 p.m.

[Link to Register:](#)

[CSAC 354 Playwriting Lab III : Spontaneous Writing](#)

CSAC 355 Playwriting Lab IV: Building Suspense

How do you grip an audience and hold them on the edge of their seats? We keep them in suspense. Learn about moving the action, things said and unsaid, pregnant pauses, secrets, mysteries, and pay-offs.

Instructor: Alexander Offord

Cost: \$49.67 | Online Class

Fall 2025

Friday One Day Class: October 24
10 a.m. to 12 p.m.

[Link to Register:](#)

[CSAC 355 Playwriting Lab IV: Building Suspense](#)

CSAC 356 Playwriting Lab V: Generating Ideas

Create plays or performance texts from unconventional source material: poetry, bizarre stories, rumours, encyclopedias, antique anatomy books, ESP manuals, and whatever else one can think of. Practical advice and hands-on exercises on thinking creatively and theatrically, and to create unconventional and exciting work.

Instructor: Alexander Offord

Cost: \$76.65 | Online Class

Fall 2025

Friday One Day Class: October 31
10 a.m. to 1 p.m.

[Link to Register:](#)

[CSAC 356 Playwriting Lab V: Generating Ideas](#)

CSAC 357 Playwriting Lab VI: Dialogue

In theatre, most elements of story are conveyed through dialogue. It communicates character, suspense, plot, and meaning to the audience. Using group and individual writing exercises, and lecture, this class will help you write dialogue both natural (authentic-sounding) and non-naturalist (poetic) dialogue. You will be encouraged to experiment with ways of making every line simultaneously convey character and meaning while forwarding the action of your play.

Instructor: Alexander Offord

Cost: \$97.64 | Online Class

Winter 2026

Friday 10 a.m. to 12 p.m.	First Class: November 7 Last Class: November 14
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[Link to Register:](#)

[CSAC 357 Playwriting Lab VI : Dialogue](#)

CSAC 358 Playwriting Lab VII : The Blank Page

If you've ever had "writer's block", this is the workshop for you! Writing exercises will re-spark your imagination with strategies for generating new material (both dialogue and monologue). Then we'll look at where you might go once you've found an idea you want to develop further. We'll also touch on the actor's perspective, character development, relationships, keeping the stakes high, driving action, and learning what makes something "playable".

Instructor: Alexander Offord

Cost: \$76.65 | Online Class

Winter 2026

Friday 10 a.m. to 1 p.m.	One Day Class: November 21
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[Link to Register:](#)

[CSAC 358 Playwriting Lab VII : The Blank Page](#)

PRODUCTION

CSAC 174 Independent Theatre Production: The 7 Steps

This course explores a '7 Step theatre production method' which provides actors with the tools to develop and mount their own theatre productions with minimal resources. It covers everything from conceptualizing, goal setting, curating your team, budgets, fundraising, marketing/PR and much more. By the end of this six-week course you will have a completed and repeatable, step by step action plan to mount your full production. Stop Waiting + Start Creating = Make Your Own Break!

Instructor: Jennifer Lieberman

Cost: \$253.03 | In Person Class

Fall 2025

Tuesdays VIC609 10 a.m. to 12 p.m.	First Class: September 16 Last Class: October 15
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[Link to Register:](#)

[CSAC 174 Independent Theatre Production: The 7 Steps](#)

LECTURE SERIES

CSAC 502 Stratford Festival Preview

These spirited lectures on selected plays being offered this season at the Stratford Festival will be spiced with lively anecdotes, readings, short scene presentations, discussions, and background information on authors and theatre history. Enjoy some coffee, tea, and cookies and an informal discussion during the half-time break.

Instructor: TBD

Cost: \$106.02 | In Person Class

Spring / Summer 2026 | VIC 609

Every Other Tuesday 1:30 p.m. to 3:30 p.m.	Classes On: April 7, April 21, May 5 & May 19
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[Link to Register:](#)

[CSAC 502 Stratford Festival Preview](#)

Stratford Scenes

Eligible acting and directing students are invited to prepare scenes presented at the Stratford lecture series in April and May. In-person auditions will be held in February 2026.

Contact & Information

We are here to support your journey. Feel free to reach out to us through the following channels:

Main Contact Information

Programs for 50+ Email:
programsfor50plus@torontomu.ca

Phone: **416-979-5103**

Drop-in office Address:

Programs for 50+
Victoria Building, 6th Floor - VIC610
act2studioWORKS
Victoria Building, 6th Floor - VIC612
285 Victoria St., Toronto, ON M5B 1W1

Mailing Address:

The G. Raymond Chang School of
Continuing Education (TMU)
350 Victoria St., Toronto, ON M5B 2K3

Department Contacts

Client Services

Email: ce@torontomu.ca

Phone: **416-979-5035**

Computer Services Help (CCS)

Email: help@torontomu.ca

Phone: **416-979-5000 ext. 556840**

ServiceHub

Phone: **416-979-5036**

OneCard Office

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